

PARCOURS AVENTURE

Les Cataractes

Situation: L'escalès

Duration: Approximately 5 h 00 min

Go of approach: 5 min

Go return: 1h 30 min

Numbers of participant: 8 persons per monitor



It is the course ventures with dimensions Gorges of the Verdon! The day starts with an abseil of 160 meters (necessary experiment minimum) or environment is single. Then we cross the hanging gardens emblematic cliff of Escalès perched with 150 meters of the ground. A succession of crossing on ropes (Via Cordata) us will go with a last recall in wire of spider of 60 meters, sumptuous. Us veiled at the bottom of the throats and us will finish this discovery by the end Martel path its tunnels until Samsom corridor.

Rate: 70 euros per person

The rate includes:

- The framing of a diplome monitor.
- The individual and collective equipment necessary to the activity.
- The insurance civil liability.

Recomandation for participation.

To envisage:

Sport shoes (closed)

Meal (pic-nic)



To envisage 1 liter of water per person.

Accessible activity as from 16 years.



Family level



Sport level



Very sport level and high air